

WORCESTER ST JOHNS CYCLING CUB – OPEN TIME TRIAL

**Course K46/10 (10miles) – an event counting towards the
Best British All Rounder (BBAR) and Midlands Womens' TT Series**

SATURDAY 18th May 2024

HQ – Defford Village Hall, Harpley Road, Worcestershire, WR8 9BL

First rider off: 2pm

START SHEET



Founded 1888

TIME KEEPERS – SUSAN KELLY & MIKE HOWARD

**EVENT ORGANISER - TERRY NOLAN
07539730168 (Mobile)**

**PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS (CTT)
UNDER THEIR RULES & REGULATIONS**

IMPORTANT NOTES

HEADQUARTERS

There is parking for 30+ cars at the HQ. Take care not to obstruct the surrounding roads and ensure no parking takes place in the adjacent Private Glebeland Access Road.

Also, please be courteous when parking to give everyone a chance of a space, Turbo Trainers/Rollers to be placed behind cars not to the side taking up additional spaces. Toilets and changing facilities are available.

Refreshments will be available for the duration of the event and up to announcing the results for all surviving/returning riders!

Please arrive at least forty five (45) minutes before your start time to sign on, collect your number and ride out to the start. Note: **it is 4.1 miles from the HQ to the Start** – Directions:

<https://maps.app.goo.gl/4U9nGMVzSWNxnKm36>

You are reminded that when you finish that your number is returned to the HQ where you are required to sign back off. Failure to do so will result in your time not being recorded.

WITHOUT EXCEPTION – NO CYCLING SHOES TO BE WORN IN THE HALL

COMPETITORS' CLOTHING

Competitors must be clothed from neck to at least mid-thigh. Sleeves shall be at least mid-upper arm length. (NO SLEEVELESS TOPS).

No competitor may carry advertising or the name of a commercial business on his/her race clothing except where he/she is a member of a club or team that has paid the advertising fee.

COMPETITORS MUST NOT COMPETE IN CLOTHING OF A TRADE TEAM that is/has been registered with the UCI unless they are a member of that team.

All cycles must be fitted with working front and rear lights

LIST OF PRIZES

Outlined below is the list of CASH prizes. We would appreciate winners staying to the end of the event to be presented their prize.

Additionally, only one prize per rider with exception of the "Team Prize" will be allocated.

Road bikes

You will be asked to specify on the entry form if you are riding a **road bike**. CTT rules regarding road bikes are as follows:

- The road bike can possess drop or straight handlebars
- No tri-bars, clip-on bars or Spinacci bars are allowed
- No disc wheels
- Both front & rear wheels must have at least 12 spokes each
- The maximum rim depth allowed is 90mm

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Gentlemen		Ladies	
1st Prize	£30.00	1st Prize	£30.00
2nd Prize	£20.00	2nd Prize	£20.00
3rd Prize	£15.00	3rd Prize	£15.00
First road bike	£30	First road bike	£30
1st Junior	£20.00	1st Junior	£20.00

Team - Three riders from the same club £10.00 EACH

Winner, Men's and Women's Age Related Categories - £10.00 EACH

Course Map (CTT login required):

<https://www.cyclingtimetrials.org.uk/race-details/26823>